Energy Psychology Tapping/EFT/TFT

Presented by

Linda J. Hunt, RN, LPC

A 4 Week Class for Professional Counselors, Social Workers, Psychologists, LMFT, Clinical Nurse Specialists, Addiction Counselors

Mondays, 9:00am-10:00am
October 10, 17, 24, 31

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Fridays, 2:30pm – 3:30pm
October 7, 14, 21, 28

This is a four week class designed to teach you the fundamentals of Energy Tapping. At the end of the 4 weeks you will be able to comfortably use this technique with clients. The 4 week format will give you the time to learn the technique, try it out on yourself and with clients as well as having time to share your experiences and receive feedback. You will learn the history of "tapping", the science of why it works, how it works, strategies for presenting it to clients, and how to incorporate it into your practice. After learning the basics of Energy Tapping there will also be time for learning advanced strategies and ways to combine it with other types of therapy, i.e. EMDR, Cognitive, Mindfulness, Hypnosis, etc. Tapping can be a great addition to your "toolbox" of skills for use with clients and is easy to teach clients for use at home.

***Linda J. Hunt has been using Energy Therapy in her practice since 1998. She completed three levels of training through the Advanced Diagnostics Institute with Gregory Nicosia, PhD, Clinical Psychologist and has taken training in EFT with Gary Craig. Dr. Nicosia is the past President of the Association for Comprehensive Energy Psychology (ACEP), and a current Board Member of ACEP.**

The cost of the class is $100.00. For questions or to register for the class, call 336 768-3900 or send an email to:
linda@lindajhunt.com **http://www.lindajhunt.com/**